

**FULL EQUIPMENT LIST** – Please refer to following pages for supporting photos.

## Equipment in the gym area

- Chairs (with armrests)
- Four-wheel walker
- Gutter frame
- Parallel bars
- Stairs
- Wheelchair

## Equipment in treatment rooms

### Outpatient

- Blood pressure monitor
- Chairs
- Foot model
- Goniometers
- Knee model
- Pillows
- Pulse oximeter
- Reflex hammer
- Shoulder model
- Sorbolene cream & baby oil
- Spine and pelvis model
- Standard electric plinth
- Towels
- Wheelie stool

### Acute

- Electronic Bed
- High back chair
- Monkey bar for hospital bed
- Over-bed table
- Pillows
- Towels
- Vital signs monitor
- Wheelie stool

### Rehabilitation

- Bobath electric plinth
- Chair (with armrests)
- Hand hygiene station
- Pillows
- Slide sheets
- Towels
- Wheelie stool

## Equipment in store

- 2000mm (20cm) step
- 2-wheel folding frame / pick up frame
- 750mm (7.5cm) step
- Acapella
- Ankle weights
- Axilla crutches
- Bandages, slings, & tubular support bandages
- Blood Pressure monitor (portable)
- Bubble pep
- Collar and cuff
- Dura discs
- Dynamometer
- Fitballs
- Fixomull
- Foam roller
- Forearm crutches
- Free weights (dumbbells)
- Goniometers (knee, elbow, finger)
- Incentive spirometer
- Inclinator
- Masking tape
- Neuro sensation testing kit
- Outcome measure tests (see list at end of document)
- Pari pep
- Peak flow meter
- Pelican/Transfer belt
- Polystyrene cups
- Portable oxygen trolley, regulators, and cylinder
- Pulse oximeter (portable)
- Reflex hammer
- Safety pins
- Scissors
- Slide board
- Slide sheets
- Soccer ball
- Sorbolene cream & baby oil
- Square foam balance
- Stop watch
- Strapping tape
- Talcum powder
- Tape measure (seamstress and standard)
- TheraBands
- Therapy balls
- Walking sticks
- Weight scale
- Witches cones (small)
- Wobble balance board

## Equipment in the gym area



Four-wheel walker



Gutter frame



### Wheelchair

*Note: There are two wheelchairs in the SIM lab. One has arms that can be removed, the other has fixed arms. If unsure, asks assessors for clarification.*

## Equipment in store



2000mm (20cm) step



2-wheel folding frame / pick up frame



750mm (7.5cm) step





Acapella



Ankle weights



Axilla crutches



Bandages, slings, & tubular support bandages





Blood pressure monitor (portable)



Bubble pep



Collar and cuff



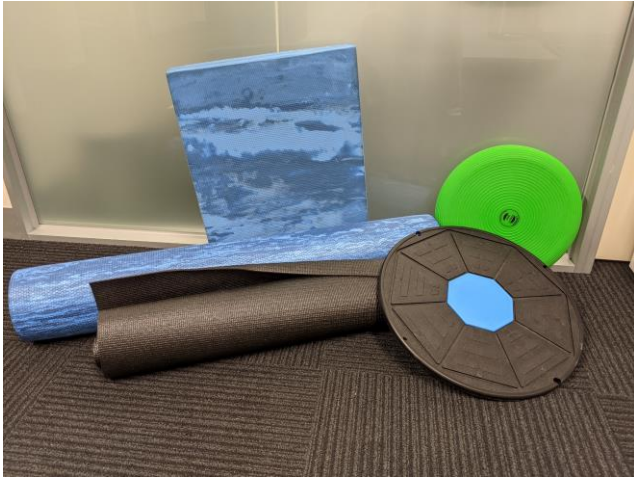
Dynamometer



Fitballs



Fixomull



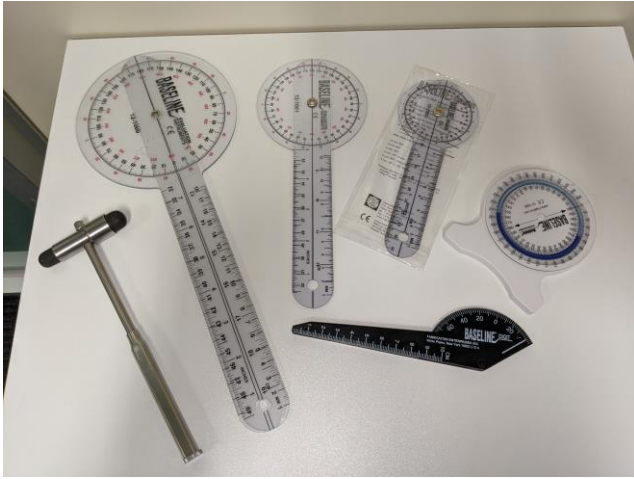
Foam roller, wobble balance board, dura disc, square foam balance, and mat



Forearm crutches



Free weights (dumbbells)

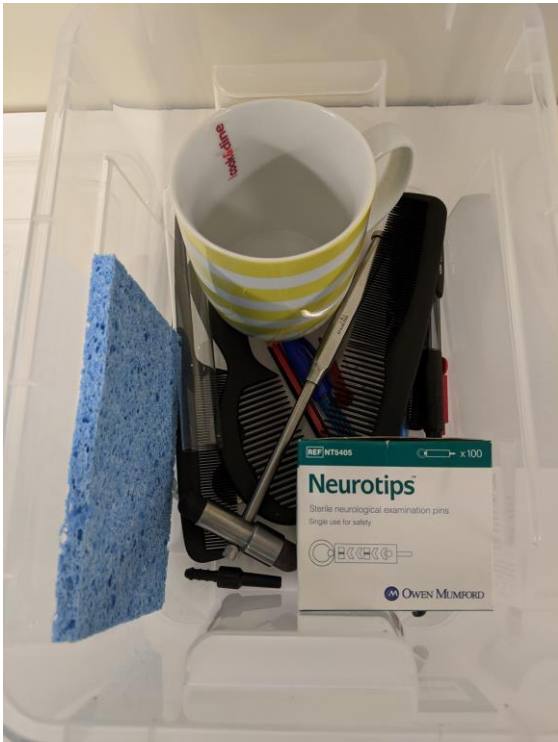


Goniometers, inclinometer, reflex hammer



Incentive spirometer

Neuro sensory kit





Pari pep



Peak flow meter



Pelican/transfer belt - Small





Pelican/transfer belt - Large



Portable oxygen



Pulse oximeter (portable)



Slide board



Slide sheets



Stopwatches, scissors, masking tape, measuring tape, safety pins



Strapping tape



### Therabands (various resistances)

*Scissors can be used to cut off as much as needed*



### Therapy balls

### Walking sticks: Single point & Four point





Weight scale



Witches cones (small)

## Outcome measures

- AQOL-8D (Data Collection Copy)
- Asthma Medications and Devices
- Borg
- Chronic Respiratory Questionnaire (Self-Reported)
- Handihaler handout
- Hip Precautions
- Minnesota Living with Heart Failure Questionnaire
- MOS 36-item Short-form Health Survey (SF-36)
- Movements of the shoulder joint
- Neck Disability Index
- Neuro QOL Item Bank
- Oswestry Low Back Pain Disability Questionnaire
- St Georges Respiratory Questionnaire
- The Western Ontario Shoulder Instability Index
- Total Hip Replacement Handout
- What is Asthma?

EQUIPMENT LIST DOCUMENT

UPDATED OCTOBER 2020